



Hymn of the Week

July 7, 2019 • Fourth Sunday after Pentecost

If You Can Walk

Text: Rusty Edwards, 1996

“The text is intended to show that we have more gifts than we sometimes realize. We are called to use all the gifts we have been given. Hallelujah!” –Rusty Edwards

Music: O WALY, WALY, English folk melody

Topics: Christian Life

Publications

Grateful Praise (Selah, 1998),

Selah Songs of Rejoicing (Selah, 2011)

Sing to Our God New Songs of Rejoicing, (Selah, 2000)

Choral settings, “If You Can Walk,” Linda Cable Shute (Augsburg Fortress)

“If You Can Walk,” Hal H. Hopson (Selah, 410-620)



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If You Can Walk

Unison

1 If you can walk, then you can dance; if you can
 2 If you can cry, then you can laugh; if you be -
 3 If you can sleep, then you can dream; if you can

talk, then you can sing. If your heart beats, then you can
 lieve then you can pray. If you have lips, then you can
 feel, then you can care. If you can wish, then you can

love; if you can breathe, then you can live.
 smile; if you can think, then you can hope.
 be; so dance and sing, love, live, be free.

If You Can Walk

Unison



1 If you can walk, then you can dance; if you can
2 If you can cry, then you can laugh; if you be -
3 If you can sleep, then you can dream; if you can



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Text: English folk melody.

LM
O WALK, WALK

If You Can Walk

If you can walk, then you can dance;
if you can talk, then you can sing.
If your heart beats, then you can love;
if you can breathe, then you can live.

If you can cry, then you can laugh;
if you believe then you can pray.
If you have lips, then you can smile;
if you can think, then you can hope.

If you can sleep, then you can dream;
if you can feel, then you can care.
If you can wish, then you can be;
so dance and sing, love, live, be free.

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